



*“We have partnered through the successes and challenges of our diabetes journey together and we want to share our story with you.”*

## When:

**Tuesday, February 23, 2016  
5:00 – 6:00 p.m.**

## Where:

**Baxter Regional Medical Center  
624 Hospital Drive  
Logerborg Dining Room  
Mountain Home, AR 72653**

**If you have any questions or would like to register for this session, call Jodi Bodenhamer at 870-508-1765.**

**Please note that although we encourage both patients and care partners to attend, individuals are always welcome.**

**Join us for a free educational program for people with diabetes and their care partners.** A care partner may be a friend or family member – anyone who supports you on your diabetes journey.

Diabetes Together is presented by an A1C Champions team – Brian Butler who has diabetes and Sheila Butler his spouse and care partner. Their interactive program is designed to strengthen the partnership between care partners and people with diabetes.

During the 60-minute Diabetes Together presentation, the A1C Champions team will share:

- Their story about working as a team
- Information about diabetes and controlling blood sugar
- Ideas for effective communication
- How to manage diabetes without it becoming the main focus of your relationship