



# IN THIS CORNER, HOPE.

## FIGHTING BACK AGAINST PARKINSON'S

**Rock Steady Boxing Mountain Home is celebrating their one year anniversary in July!**

Join us for a fighters, family, and friends "open gym" day.

**WHEN:** Friday, July 14, 2017  
**TIME:** 3:00 – 5:00 p.m.  
**WHERE:** Rock Steady Boxing Gym  
Mountain Home Athletic Club  
514 Coley Drive, Mountain Home

Refreshments will be provided.

This will be a time for the fighters to show their family and friends the exercise that has been helping them fight back against PD. Come show your support!

RSVP to Diahanne at (870) 508-3881.

### FOR MORE INFORMATION:

**Rock Steady Boxing Mountain Home**  
A program of Mruk Family Education Center  
on Aging of Baxter Regional Medical Center

**Diahanne VanGulick, RSB Coach  
and MFEEOA Coordinator**  
mountainhome@rsbaffiliate.com

**870.508.3881**  
mountainhome.rsbaffiliate.com

